

**LFM SPONSORED CHILDREN'S TRIP TO "FARM IN THE CITY", SERI KEMBANGAN**  
**28<sup>TH</sup> MARCH 2015.**

Lung Foundation of Malaysia organized the above trip to the "Farm in the City (FITC)", which is situated right in the city in Selangor.

As usual, we had engaged 2 buses to take the children and their guardians to the destination. The 2 stations where the buses picked up passengers were at PPUM (University Hospital) and GHKL (General Hospital).

The buses left their respective stations at 9.00am and arrived at FITC at about 9.30am. At FITC, we were met by a representative who also acted as our tour guide Mr Yap. As usual, all visitors were given a sticker to put on as proof of payment of entry before entering the farm.

Children were rather excited and once everything was sorted, we followed Mr Yap who guided the entourage to various parts of the farm. He explained and introduced all different type of animals and reptiles, fruits and plants.

We had had the experience to stand on an ostrich egg which is big and can support the weight of 100kg without breaking the shell.

The feeding of tortoises, which is about 30 to 40 years old, was also another experience for the children. Kangkong was supply by the management for the feeding.

The catching of small fish with the net provided was rather difficult. Children had the fund in trying even though they were not successful.

The tour ended at just after 12 noon. Most of the children were rather tired after the tour. It was time to fill the stomach and quench the thirst.

We had our packed lunch of nasi lemak with fried chicken and soya drink prepared by the management caterer . No outside food were allowed and visitors were only allowed to order one type of food for the group. The food was not as good as expected for the price we paid as the fried chicken were too hard and the sambal too little.

We left for home after the lunch at about 1.00pm but due to Saturday afternoon city traffic, and the route taken by the driver through all the congested roads, we arrived at the University Hospital station at about 2.30pm, which was one and half hours journey, even though it was a short distant.